

# HOpe Centre Community Open House

Oct. 4, 2014

## New facility brings HOpe to North Shore



*With acute and community mental health & addictions programs and services in one location, the new HOpe Centre allows a more integrated approach to care.*

The new HOpe Centre brings together mental health and addictions programs and services that were previously spread across the North Shore. This consolidated physical location will offer patients, staff and physicians the benefits of a more integrated approach to mental health and addiction challenges.

Staff and physicians in the HOpe Centre will offer a variety of recovery focused programs and services. Some of the guiding principles of this work will be:

- Promoting a culture of hope, client autonomy and self-determination
- Involving family, care providers, support people and significant others in treatment and recovery

The HOpe Centre will be a centre of clinical excellence as well as the hub of activity for mental health services for the entire Coastal Community of Care. Research by individual clinical and community-based researchers will also be key to this facility.

## Level 1

On this level is a cluster of VCH-Coastal's Community Mental Health Services. The adult mental health programs and services on this floor include:

- Adult Community and Mental & Addiction Svcs
- Central Intake Program
- Rapid Access Psychiatric Svcs (RAPS)
- Acute Home Based Treatment (AHBT)
- Community Residential Housing Program

### Sacred Space

Staff have collaborated with First Nations in the design and implementation of a new All Nations Sacred Space on this level. All Nations are welcomed, honoured, respected, and valued in this Sacred Space.

It's a space for all faiths, beliefs and customs to heal spirit in prayer, meditation and ceremony. It's for use by patients, their families, Elders, traditional healing practitioners and friends from HOpe Centre and LGH.

**Kelty Patrick Dennehy Resource Centre** – this will be a focal point of the HOpe Centre where people can not only get information about mental illness, but also connect with others who are dealing with similar issues. Community education is critical in helping people understand the signs, symptoms and issues surrounding mental health.

**Blenz Café** – The Blenz Café will be serving more than a great cup of coffee, it'll be an example of the HOpe Centre's vision for recovery-oriented practice in action, providing meaningful employment to people recovering their mental health. The coffee shop is a social enterprise, which means its goal is larger than turning a profit, it includes a focus on fulfilling a social mission. The result is great coffee, served by great people, some of whom will be clients of the VCH Adult Mental Health & Addiction Program.



*The HOpe Centre's Blenz Café will provide a supportive work environment for MH&A clients.*



*Plenty of natural light and numerous open, public spaces are designed to help break down the stigma surrounding mental health & addictions issues.*

## Level 2

This floor houses an expanded home for the Djavad Mowafaghian UBC Medical Education Centre on the Lions Gate Hospital campus and features clinical skills rooms and video conferencing equipment for distance education.

This is also the home for the new UBC-Coastal Family Practice Residency Program, an exciting expansion of the VCH-Coastal/UBC partnership. This expanded teaching space will serve to enhance VCH-Coastal's role in educating future physicians.

## Level 3

Services and facilities on this level are for the Transition Program, a program designed to help individuals who require intensive short-term treatment to promote client wellness, functioning and connection to the community through intensive 1:1 and group interventions. Some of the facilities used by clients will be:

- **Art therapy room** – outfitted with sinks, storage and natural light, this room promotes healing through creative therapy.
- **Exercise room** – with a treadmill and other exercise equipment, this area offers clients the opportunity to engage in physical activity for improved well being.
- **Assessment kitchen** – this fully outfitted kitchen allows clients to practice their kitchen skills enabling them to master tasks required for everyday living.

## Level 4

This floor houses the Mental Health Inpatient Unit (IPU) where patients suffering from acute mental illness are stabilized upon hospital admission.

The IPU is a general unit and serves all persons from 19 years of age and older who require psychiatric hospitalization in an acute care setting. The unit consists of 26 beds and two seclusion rooms as well as a communal dining area and a secure outdoor space. The patient population includes individuals experiencing:

- serious mental illness
- serious substance misuse/addiction challenges
- functional impairment – requiring diagnosis, assessment & treatment

From this unit, patients are treated and then linked to community mental health and addiction services or supports for follow up and continued treatment when needed.

## Level P2

BC Ambulance will be moving from their former location on the corner of St. Andrew and 13<sup>th</sup> St. into a new and expanded facility with nine ambulance bays and staff quarters.



*The Honourable Terry Lake, Minister of Health for BC, stressed the important role that the HOpe Centre will play in care of individuals suffering from mental health or addictions challenges as part of the building completion announcement held recently.*