



Have You Heard About Advance Care Planning?

Planning For Your Future

Advance Care Planning (ACP) is:

- A process of planning for a time when you cannot speak for yourself or make your own medical decisions
- A process that addresses personal values and goals for living well
- An *ongoing process* of reflection and communication that includes talking with family members, substitute decision makers, and health care providers
- For all capable adults
- May or may not result in a written plan

ACP is about *having the conversation*

Time and Date

Location

CIBC Centre for Patients and Families

855 West 12th Ave., Jim Pattison Pavilion, Room 1861
(Main floor behind the info desk)

Register

To register, please contact:
ce@vch.ca or 604-714-3779

Vancouver
CoastalHealth

Promoting wellness. Ensuring care.