

FALLS PREVENTION CARE PLAN FOR ICU / CSICU IN VANCOUVER ACUTE

- All patients in VGH ICU/CSICU are considered “at risk” for falls
- All patients in VGH ICU/CSICU are screened at least once per shift for cognitive status impairments (Refer to Pain, Analgesia, & Delirium Protocols)
- All patients in VGH ICU/CSICU are assessed at least once per shift for readiness to mobilize (Refer to Early Progressive Mobility Pathway or Cardiac Surgery Clinical Pathway)

Fall Risk Factors	Fall Prevention Strategies and Interventions
<input type="checkbox"/> Cognitive Status	<input type="checkbox"/> 1:1 Supervision or Direct Observation
<input type="checkbox"/> Functional Mobility	<input type="checkbox"/> Assistance for transfers to/from bed/wheelchair/commode <input type="checkbox"/> Ensure bed/chair brakes are on for transfers <input type="checkbox"/> Ambulate with assistance/supervision <input type="checkbox"/> Mobility aid employed as needed (<i>if required, document on Kardex</i>) <input type="checkbox"/> Non-slip socks/well-fitting shoes available
<input type="checkbox"/> Vision	<input type="checkbox"/> Appropriate eyewear available (<i>if required, document on Kardex</i>) <input type="checkbox"/> Remove clutter/physical hazards
<input type="checkbox"/> Communication	<input type="checkbox"/> Education on use of call bell as appropriate <input type="checkbox"/> Hearing aid available (<i>if required, document on Kardex</i>)
<input type="checkbox"/> Medications	<input type="checkbox"/> Minimize total amount of medication (<i>daily medication review during multidisciplinary rounds</i>) <input type="checkbox"/> Lowest effective dose used (<i>refer to PAD Protocols or CSICU Post-op Admission PPO</i>) <input type="checkbox"/> Non-pharmacological strategies to improve sleep
<input type="checkbox"/> Environmental Barriers	<input type="checkbox"/> Personal items within reach <input type="checkbox"/> Assess environment for tubes/lines, furniture, equipment hazardous to mobilization
<input type="checkbox"/> Physical Status	<input type="checkbox"/> After a period of bedrest, patient needs to sit for a few minutes prior to standing (<i>refer to Early Progressive Mobility Pathway or Cardiac Surgery Clinical Pathway</i>)
<input type="checkbox"/> Elimination	<input type="checkbox"/> Commode/urinal at bedside as appropriate
<input type="checkbox"/> Pain	<input type="checkbox"/> Multifactorial pain assessment & treatment plan <input type="checkbox"/> Administer analgesics as needed to relieve pain & consider regular dosing <input type="checkbox"/> Provide PRN analgesic prior to mobilization & reassess