

Foundation efforts garner solid support for first-of-its-kind youth program



A North Shore high school student bravely describes the mental health challenges she faced when she spoke to the 150+ golfers at this year's LGH Foundation annual golf tournament at Capilano Golf & Country Club recently.

The tournament raised more than \$537,000 for the establishment of the Carlile Regional Youth Concurrent Disorders Center, pushing the campaign over \$4.8M in their goal of raising \$5M in funding.

Up-to-date information on the progress is available in the Campaigns section at www.lghfoundation.com

Donors from across the Lower Mainland have continued to show their support for the development of the Carlile Regional Youth Concurrent Disorders Center recently as the Lions Gate Hospital Foundation has now raised more than \$4.8M of its \$5M goal.

“The vision of a dedicated unit for youth who are struggling with both mental health and substance use issues has really struck a chord with our donors,” says LGH Foundation President Judy Savage. “We’ve heard loud and clear that this type of unit with specially trained clinicians who are able to provide youth with state-of-the-art mental health and addictions treatment in a unique environment is something that the community wants for our young people.”

With a campaign that’s within \$200,000 of reaching its \$5M goal, program leaders are now increasing their focus towards program development and staffing the 10-bed unit. “Designing the environment and finding the best clinicians to help us develop this groundbreaking program are two of the biggest tasks next on our to-do list,” says Carlile Centre Program Manager Tanis Evans.

Program development timeline & tasks

| Summer 2016 | Fall 2016 | Winter 2016 | Spring 2017 |
|---|--|---|--|
| <ul style="list-style-type: none"> • Tender & Award • Equipment & Furniture Planning • Review/Validate current state with stakeholders across VCH through meetings and workshops | <ul style="list-style-type: none"> • Equipment & Furniture Procurement • Care Plan development • Draft admission criteria • Construction | <ul style="list-style-type: none"> • Construction • Stakeholder and community engagement • Staff recruitment • Move preparation | <ul style="list-style-type: none"> • Staff training and orientation • Commissioning • Grand Opening • Admit initial patients |

Carlile Centre program reaches out across VCH to establish pathways for youth



Reviewing best practices and soliciting input from experts across VCH

Representatives from Richmond, Vancouver and North Shore Mental Health and Substance use teams are reviewing the urban community referral pathway for youth in need of the concurrent disorders care from Carlile Centre clinicians.

Research and development for the protocols and pathways that will characterize the Carlile Centre is progressing steadily, with July and August being filled with a variety of meetings and workshops designed to validate the current state with stakeholders across the region.

“It’s key that we engage and collaborate with all our communities to get an accurate view of the strengths and opportunities for youth experiencing mental health and substance use concerns” says Carlile Centre Program Manager Tanis Evans. “That will help us plan the Centre to deliver quality care and the opportunity for youth to see hope on their journey to recovery” she says.

Tanis and Carlile Centre Clinical Planner Dale Handley recently reviewed the Youth Addiction & Concurrent Disorders Service program housed in the Ontario Centre for Addiction and Mental Health. The Ontario Centre takes a harm reduction approach with youth, basing treatment plans on a comprehensive assessment and offering a range of outpatient services including:

- Individual and group counseling plus family support and education
- Case management as well as psychiatric consultation and follow-up

Carlile Centre environment begins to take shape

While program development forges ahead, planning and design of the physical environment of the youth is making headway as well. Project construction documents have been issued for tender and will be closing in late July, with construction expected to begin in August.

Keeping you informed moving forward

As planning and implementation for the Carlile Regional Youth Concurrent Disorders Centre moves forward, you can expect regular updates via this bulletin and VCH News. If you have questions about the Centre, contact Tanis Evans at Tanis.Evans@vch.ca or Dale Handley at Dale.Handley@vch.ca