

UBC Hospital Renewal

OCTOBER 2016

Next Chat 'n' Chew

When: November 3 (12 to 1 pm)
Where: McLeod Boardroom,
Koerner Admin. Offices

Learn more

VCH Connect Intranet

<http://ow.ly/rb62303JbLL>

VCH Medical Staff Website

<http://ow.ly/ZiZW303JcGO>

Ask questions

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Shah Rukh and Chris Hilliam say side-by-side tech stations will enable sleep lab techs to better support each other and the patients they're monitoring.

Design of new Sleep Disorders space opens options for service expansion and group practice

After months of collaboration involving staff and patient input, UBC Hospital's new Sleep Disorders space has come into focus.

"It's really exciting to see it all take shape into what will be a beautiful, serene and more welcoming space for patients," says Dr. Maureen Ceresney, program co-director.

Chris Hilliam agrees. The polysomnographic technologist looks forward to the clinic and lab uniting in Purdy Pavilion. "We're positioning ourselves for more and even better communication, which will benefit patient care and safety."

More than a consolidation, the program will grow from six to nine beds. Exam rooms will convert to sleep rooms with the privacy and soundproofing to support sleep studies (see page 2). Custom designed for flexibility and growth, the modern and nature-inspired space will open new options for service expansion.

"We're exploring how we can serve more people more efficiently," says Dr. Ceresney. Group therapies for insomnia patients, Telehealth for out-of-town patients and more day and home sleep studies for shift workers are just some of the solutions in the works. "The sky's the limit as to what we can achieve."

Construction of the new Sleep Disorders space will begin this winter and is scheduled for completion in the spring of 2017.

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Dr. Maureen Ceresney
Program Co-director

DID YOU KNOW?

The UBCH Sleep Disorders Program was the first in Canada to have its fellowship program recognized by Canada's Royal College of Physicians and Surgeons.

Check out [VCH News-Vancouver](#) to read all about it and meet our first Sleep Medicine Fellow Dr. Cheryl Laratta.



Sleep Disorders exams rooms will convert to comfortable sleep rooms using finishes, fabrics and colours designed to create a serene environment.

We're making progress on our plans

Spiritual Care Services – Construction of the larger and brighter Sacred Space for worship, reflection and meditation is underway and on schedule for completion at the end of November.

Sleep Disorders Clinic & Lab – Construction will begin this winter and is scheduled for completion in the spring of 2017.

Medical Device Reprocessing Department & OR equipment storage – Upgrades to support the relocation of higher acuity surgical cases to UBCH are underway. The OR work is complete and the MDRD work will wrap up in March 2017.

Inpatient units – We're working to complete the design and layouts for our inpatient surgical unit, new high acuity unit and TCU/IM in November. We're currently aiming for TCU/IM to occupy Koerner's renovated second floor in the fall of 2017, while the inpatient surgical unit and eight-bed high acuity unit will occupy the first floor in 2018.