

## About the Educator/Supervisor

Rev. Dr. Philip Tse holds a Master of Divinity, a Doctorate of Ministry and a Doctorate of Education in Counselling. He brings to this program over 25 years of spiritual care and counseling experience. Philip is a Certified Spiritual Health Practitioner and Associate Spiritual Health Supervisor-Educator with the Canadian Association for Spiritual Care. CASC. He is also a registered clinical counselor with BCACC, and a clinical fellow of AAMFT.

Philip has been providing spiritual care and counseling in hospitals churches, and private settings for nearly 20 years in both Canada and the USA. Philip was born and raised in Hong Kong and trained as a civil engineer at the University of Manitoba and UBC. He worked in the engineering field for many years before studying Theology, Religious Studies and Spiritual Care.

Philip also brings a wealth of life experience, cultural awareness and knowledge to the program. His experience includes working in restaurants while attending university, living on construction sites in remote areas as an engineer, and working as an executive in San Francisco where in his off hours he ministered among African Americans and Asians, caring for sick and disenfranchised in the community.

### *Project Leader:*

*Rev. Doug Longstaffe, M.Div., STM  
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### *Supervisor-Educator:*

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### **Teaching Location**

**First United Church  
320 East Hastings Street,  
Vancouver, BC V6A 1P4**

### **Program Operational Hours**

**Tuesday 12 noon-8pm  
Wednesday 4pm-8pm  
Thursday 12 noon—8pm**



**Spiritual Care and  
Multifaith Services**  
*Spirited Leadership - Humanizing Encounters*



## **Spiritual Health Empowerment & Education**

**A program description for  
prospective students and  
community professionals working  
in the downtown eastside**

*A pilot project by the  
Spiritual Care and Multifaith Services  
department of*



**Providing spiritual care  
to persons in the streets through**

*Spiritual Presence  
Holistic Dialogue  
Action & Reflection*

**May 01 – August 30, 2017**

## The Educational Approach

CPE is an internationally recognized experiential action-reflection model of spiritual care education that combines intense individual and group supervision with hands on experience with care recipients. It began in the early 20<sup>th</sup> century in a Boston psychiatric hospital. It has been taught at VGH for decades and is now being brought to the streets of the DTES. Through combining hands-on learning opportunities with rigorous spiritual reflection, the process teaches interns how to support people in times of change, crisis or chronic struggle through spiritual means. Through this learning method students develop spiritual care competence as clinicians and spiritual guides.

### Students may expect the following.

- Hands-on practice of spiritual care given in the context of modern diversity.
- Reflection and articulation of the student's own spiritual leadership function and relational skills
- An approach to raising self-awareness, including greater awareness of one's unconscious assumptions.
- Exploration of the power of transcendence operating in individuals and communities of all spiritual paths,
- The development of skills in working with the whole person in the context of life crises and in a cooperative and collaborative inter-professional team approach.
- A process of understanding the dynamics that function unconsciously between persons and in groups.
- An approach to increasing self-confidence and fulfilment.

## Twofold Mission

To advance experience-based education in Spiritual Care for spiritual leaders and lay persons of diverse cultures, and faith traditions through building innovative community partnerships.

To pursue a vision of holistic care that advances the spiritual empowerment of distressed community residents and transient persons in the DTES.

## The Delivery Model of Care

This pilot project is the first of its kind in Canada to provide CPE interns to support and intervene with disadvantaged persons in a street setting. Clinically supervised spiritual care interns will operate within an inter-faith spiritual framework having no specific religious agenda. Interns will work with individuals in crisis or in chronic need, to rediscover or reinforce their core spiritual identity as the basis for finding purpose, meaning and power for living. The program will also provide specialized spiritual support and insight to assist persons struggling with addictions to find the strength to withstand environmental pressures and begin the healing of the inner turmoil that perpetuates their cycle.

## Some networking partners in the DTES

- Street Contacts
- Soup Kitchens
- Clinics
- Inter-agency Referral Sources
- Community Chaplains
- Addiction Counsellors
- Social Workers
- Community Faith Leaders
- Indigenous Elders and Chiefs
- Cultural Groups

## Educational Goals for Interns

- An increased ability to utilize an experiential approach to spiritual learning.
- An increased ability to utilize a narrative approach to meaning making with clients.
- An increased understanding of the role of systems and its interface with community.
- An increased ability to connect spiritually at a feeling level with persons of any religious or philosophical position.
- An increased ability to have dialogical encounters in which therapeutic listening is paramount in effecting transformation.
- An increased understanding of what constitutes spiritual empowerment and its place in holistic care.
- Increased comfort in exploring difficult matters with a non-anxious and non-shaming presence.
- An ability to contain distress in moments of acute crisis and to later explore change and new possibilities through perspective shifting.

## Partnering/Sponsoring Bodies

- VGH and the VGH foundation
- VCH Community
- The United Church Foundation
- First United Church