

**This workshop is offered at
the following times:**

2017 Schedule

From 3-5:30pm

April 5th

Sept 13th

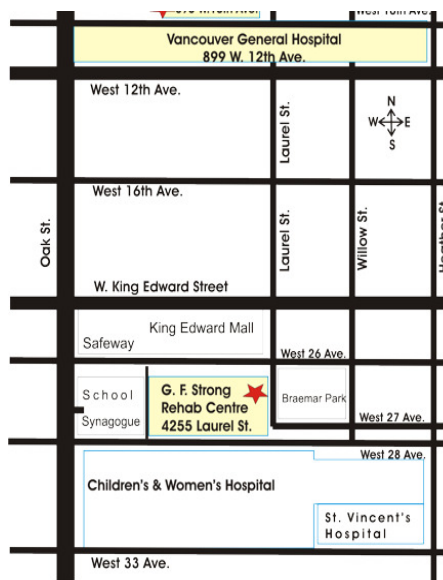
Nov 1st

Location:

GF Strong Rehab Centre
4255 Laurel Street
Vancouver, BC V5Z 2G9

Social Services Seminar Room
(room 189)

How to Find Us



Understanding Stroke: A Workshop for Families & Friends



G.F. Strong Rehab Centre
Acquired Brain Injury Program
4255 Laurel Street
Vancouver, BC V5Z 2G9

For more information please contact:
Educator
Tel: 604-737-6221

Is this for you?

Everyone is welcome. This workshop is for survivors, families and friends who want to learn more about life after a stroke.

Is there a cost?

No, this workshop is free to attend.

Do I have to register?

Registration is needed, we would like to know how many of your family members and friends will be joining us. Please let us know by calling 604-737-6221.



Workshop Description...

This is a chance for survivors, families and friends to learn about how the brain works, stroke and recovery. We also talk about life after a stroke, including strategies to help and available resources.

Workshop Format...

- This 2.5 hour education session is facilitated by a doctor and/or educator from the Acquired Brain Injury Program at GF Strong Rehab Centre
- It is open, informal and a chance to learn from others whose lives are changed by a stroke
- Your concerns, questions and experiences guide the session

What will I learn?

You will learn about:

- the brain and how it works
- the many changes that happen after a stroke
- practical rehabilitation strategies to help
- life after stroke and resources to help you through your journey



More questions?

For more information please call the GF Strong Educator at 604-737-6221.