

Adults with Brain Injuries and Mental Health Issues

November 3rd and 4th, 2017

GF Strong Rehabilitation Centre, Lecture Theatre (4255 Laurel Street, Vancouver)

[Register for tickets](#)

DAY 1 November 3, 2017 8:00am Stephen Epp, BHkin, MCISc OT	DAY 2 November 4, 2017 8:30am Dr. Daniel DeForge, MD., FRCPC Dr. Bradley J. Hallam, Ph.D., R. Psych., ABPP
<p>1. Trauma Informed Practice <i>Topics include:</i></p> <ul style="list-style-type: none"> traumatic stress reactions implementing trauma-informed practice correlations between traumatic brain injuries and traumatic stress basic strategies for supporting clients <p>2. Understanding mental health and addiction systems of care in BC <i>Topics include:</i></p> <ul style="list-style-type: none"> continuum of services and how to support clients in the community <p>3. Concurrent Substance Use and Addictions <i>Topics include:</i></p> <ul style="list-style-type: none"> models and theories explaining substance use and addictions the biopsychosocial spiritual model and the dislocation theory of substance use how implementation of harm reduction and/or abstinence perspectives align and differ 	<p>Dr. Daniel DeForge, MD., FRCPC <i>Topics include:</i></p> <ul style="list-style-type: none"> ABI definitions & etiology Epidemiology of psychiatric illness in ABI vs. “normal population” Neuroanatomy of ABI & mental health Best practice guidelines Screening tools for identifying depression and other mental health concerns in ABI Evidence for restorative versus compensatory models of rehabilitation Medication options for ABI & mental health <p>Dr. Bradley J. Hallam, Ph.D., R. Psych., ABPP <i>Topics include:</i></p> <ul style="list-style-type: none"> A biopsychosocial model of mental health in ABI Mild Traumatic Brain Injury – consensus and controversy Neuroplasticity and ABI Mental Health Evidence-based psychotherapies and their application/adaptation for the ABI population Self-management versus psychotherapy Crisis management & safety planning

Registration begins at **7:30 am on Friday and 8:00 am on Saturday.**

Coffee and tea will be available in the morning. Catered lunch and refreshments will be provided.

Questions? Call Dina Collins at (604) 737-6232 or e-mail Dina.Collins@vch.ca

For more information, [visit the website](#).

Speaker Bios

Stephen Epp, BHkin, MCISc OT

Stephen Epp is an Occupational Therapist with 15 years of experience working with people with mental health, addictions, traumatic brain injuries and concurrent complex physical health issues, injuries, and disabilities. He is known as a subject matter expert for Trauma Informed Practice and Recovery Oriented Psychosocial Rehabilitation. He is Clinical Faculty in the Department of Occupational Science and Occupational Therapy at UBC, is a clinical instructor at Douglas College in the Psychosocial Rehabilitation Program, and currently works clinically at both Gastown Vocational Services and Turning Point Rehabilitation Consulting. He loves his job. He is grateful for the opportunity to help people participate in everyday life.

Dr. Daniel DeForge, MD FRCPC

I am a fully qualified medical practitioner licensed by the College of Physicians and Surgeons in the Province of British Columbia. Currently, I practice as a Psychiatrist at Vancouver Coastal Health and Associate Professor in the Faculty of Medicine in the Division of Physical Medicine and Rehabilitation at the University of British Columbia. My principal place of practice is G.F. Strong Rehabilitation Centre in the Acquired Brain Injury Program.

In the past, I have been the Division Chief of Physical Medicine and Rehabilitation as well as an Associate Professor at the Department of Medicine at the University of Ottawa. My practice in Ottawa was at the Rehabilitation Centre of the Ottawa Hospital. I have also been Division Chief of Rehabilitation Medicine at the University of Calgary and my practice at that time was at the Calgary General Hospital.

I obtained my medical doctorate at Queen's University in Kingston, Ontario, in 1984. I obtained my fellowship in Physical Medicine and Rehabilitation through the Royal College of Physicians and Surgeons of Canada at Queen's University in 1989.

I have been an academic physician throughout my career. My hospital-based practice has been primarily related to catastrophic neurological injuries but also has included catastrophic traumatic musculoskeletal injuries as well as musculoskeletal inpatients. My outpatient practice has included the above plus multiple musculoskeletal patients.

Research interests have included neurological rehabilitation, investigations including specific exercise interventions, numerous leadership and innovation and health care research grants and I have taught medical students and residents at the University of Calgary, University of Ottawa and the University of British Columbia. I am currently Program Director for the Residency Training Program for Physical Medicine and Rehabilitation at the University of British Columbia. I have done numerous presentations related to my academic practice, locally, provincially, nationally and internationally.

I see Concussion Patients at G.F. Strong, Vancouver Coastal Health, and have been on the development team for an app for Concussion self-management. I am a consultant to the Brainstreams brain injury website. I have done numerous presentations related to my academic practice, locally, provincially, nationally and internationally.

My partner and I adopt stray animals, often. Our children are artists and acrobats. We will therefore never retire.

Dr. Bradley J. Hallam, Ph.D., R. Psych., ABPP

Dr. Hallam is a registered clinical psychologist and board certified neuropsychologist. He completed his residency at Vancouver General Hospital and a clinical neuropsychology postdoctoral fellowship at the Memory & Aging Centre at the University of California at San Francisco. He is a Clinical Assistant Professor in the Division of Physical Medicine & Rehab at UBC and an Associate Member in the Division of Neurology at UBC. He has conducted research funded by the Canadian Institutes of Health Research, Vancouver Coastal Health Research Institute, and the British Columbia Rehabilitation Foundation. He has published in peer-reviewed journals such as Neuropsychology, Journal of the International Neuropsychological Society and the Journal of Head Trauma Rehabilitation.

Dr. Hallam works full-time at GF Strong on the Spinal Cord Injury Inpatient Program, Acquired Brain Injury Outpatient Program and the Self-Management Program for Clients with Persistent Postconcussion Symptoms. Dr. Hallam has a strong interest in self-management, cognitive behavioural therapy and acceptance and commitment therapy. He has been actively involved in student training and served as the Interim Training Director for the Psychology Department for Vancouver Coast Health.

Dr. Hallam is originally from California. He fled the Trump New World Order and now calls Canada home. He and his partner created their family through adoption, and they have two children ages 2 and 5. Based on all of the tantrums and drama in his home, he anticipates that both of his children will receive Academy Awards this year. Like most Vancouverites, he hopes to pay off his mortgage by age 95.