

TIDES Rural/Remote Rehab Referral:

- Our goal is to repatriate patients following acute brain injury/stroke from hospitals & rehab centers to their rural home communities for short term, goal focused **outpatient** rehab

Patient Name: _____ **Primary contact #:** _____
Location at time of referral: _____ **Anticipated Discharge Date:** _____

Patient has had a recent acute neurological injury requiring hospitalization within 1 month (excluding neurodegenerative diseases e.g. Parkinson’s, MS)	
Patient is in a hospital/rehab site, is medically stable and can return to their home for short-term, goal directed outpatient rehab - OT/PT/SLP	
Patient lives in a rural/remote community within VCH: Sunshine Coast, Powell River, Squamish, Whistler, Pemberton, Bella Bella, Bella Coola, Central Coast (Circle which one)	
Patient has specific and realistic rehab goals	
Patient demonstrates rehab potential, is motivated and able to learn	
Patient is able to travel to the main hospital in their area and attend appointments as scheduled: *Sechelt, Powell River, Squamish, Pemberton, Central Coast	
Patient is willing to use telehealth as part of their connection to therapists for treatment	

Patient Goals – RELEVANT/SPECIFIC areas of focus for rehab (ie. mobility, speech, language, cognition, driving)

- 1) _____
- 2) _____
- 3) _____

If discharged, does patient have a home program? If so, please include in referral or provide a brief outline:

Referrer: _____ **Date:** _____
Contact details: _____

PLEASE INCLUDE THE FOLLOWING DOCUMENTS WITH YOUR *TIDES* REFERRAL

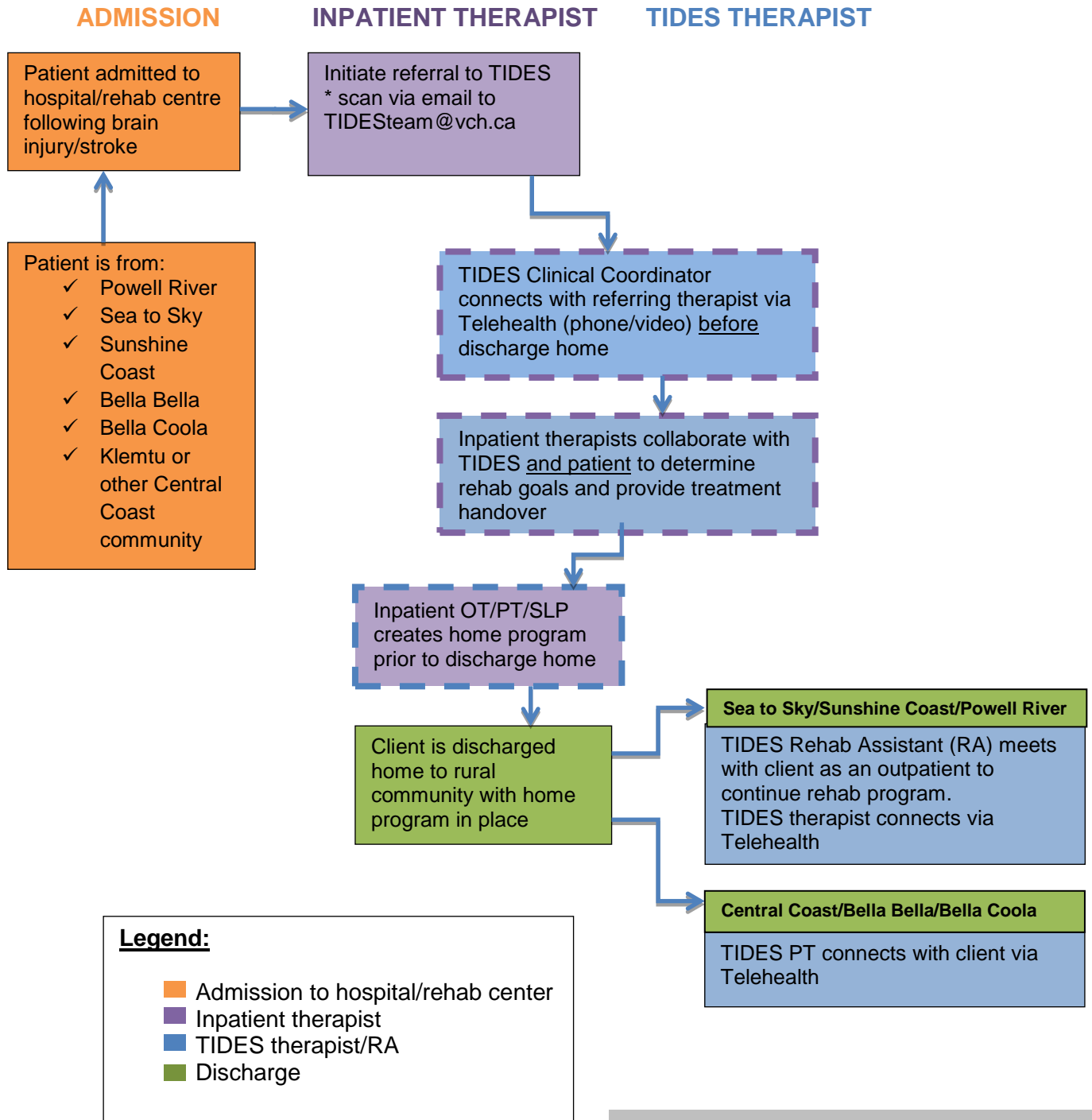
- Major medical exams (e.g. Head CT, Radiology Report)
- Recent Medical Consults/Assessments Recent List of Medications
- PT/OT/SLP/SW Assessment/Recent Notes Other relevant documents

What we need from you:

- Engage **early** with TIDES Clinical Coordinator when you have a patient admitted from a rural /remote community
- Telehealth visit with Clinical Coordinator/TIDES therapist and patient to:
 - plan for discharge
 - create home program
 - facilitate smooth transition to community rehab

TIDES Rural/Remote Rehab **Phone: 604-885-8690 Fax: 604-885-8635** TIDSteam@vch.ca

TIDES “Referral to Rural” Workflow



How do I Telehealth with TIDES?

- ✓ Skype for Business on VCH desktop/laptop
- ✓ Telehealth carts
- ✓ iPad
- ✓ Telephone 604-885-8690