

# Vancouver General Hospital



Week of November 18-22

## MONDAY

ENTRÉE	Meat Lasagna Combo	\$7.99
ENTRÉE	Vegetarian Lasagna combo	\$7.99
ACTION STATION	Pad Thai	\$7.99
SOUP	Tomato Bisque	\$2.99/ \$3.49/\$4.59
	Creole Chicken Gumbo	\$2.99/ \$3.49/\$4.59
GRILL	California Burger	\$6.29

## TUESDAY

ENTRÉE	Madras Chicken Combo	\$7.99
ENTRÉE	Samosa Combo	\$7.59
ACTION STATION	Burrito	\$7.99
SOUP	Split Pea and Ham	\$2.99/ \$3.49/\$4.59
	Cream of Broccoli	\$2.99/ \$3.49/\$4.59
GRILL	French Dip	\$6.29

## WEDNESDAY

ENTRÉE	Beef or Chicken Taco Bowl	\$ 7.99
ENTRÉE	Bean Taco Bowl	\$ 7.99
ACTION STATION	Pad Thai	\$7.99
SOUP	Wicked Thai	\$2.99/ \$3.49/\$4.59
	Creamy Garden Vegetable	\$2.99/ \$3.49/\$4.59
GRILL	Apple Glazed Bacon Burger	\$ 6.29

## THURSDAY

ENTRÉE	Cuban Chicken Combo	\$ 7.99
ENTRÉE	Veggie Struddle Combo	\$7.99
ACTION STATION	Pasteria	\$7.99
SOUP	Creole Chicken Gumbo	\$2.99/ \$3.49/\$4.59
	Cream of Broccoli	\$2.99/ \$3.49/\$4.59
GRILL	Amazon Fried Chicken Wrap	\$6.29

## FRIDAY

ENTRÉE	Chili Lime Tilapia Combo	\$8.29
ENTRÉE	Zucchini Strata Combo	\$7.79
ACTION STATION	Pad Thai	\$7.99
SOUP	Pasta Fagioli	\$2.99/ \$3.49/\$4.59
	Chicken Noodle Soup	\$2.99/ \$3.49/\$4.59
GRILL	Asian Citrus Salmon Burger	\$6.99

Healthy Choices Available



We have lots of Healthy choice  
Less than 100, 200, 300, 400 and 500 calories  
<http://www.vgh.catertrax.com>




## WEEKLY DELI FEATURES

- Mediterranean chicken Panini
- Moroccan chicken Wrap
- Portobello Panini



## WEEKLY SALAD FEATURES

- Spinach Salad \$6.49
- Caesar Salad \$6.49
- Julienne Salad \$6.49
- Chicken Mykonos Salad
- Omelet Bar 7:00 - 10:30 AM
- Asian Noodle Shop 11:00 - 2:00 PM
- Teriyaki Chicken Stir-Fry

 This represents Your Health Your Way



### HOURS OF OPERATION

MONDAY - FRIDAY

6:30 AM - 7:00 PM

WEEKENDS

7:30 AM - 7:00 PM

### DELI

11:00 AM - 2:30 PM

DINNER

4:00 PM - 6:30 PM

HOLIDAYS 8:30 - 6:30

### Questions or Comments

Manager: Margaret Fleming

ph:604-875-4111 ext 61014

Catering ph:604-875-4111 x 61440

fax:604-875-5141