

Vancouver General Hospital

November 3-7

HEALTHY EATING COMING SOON



MONDAY

ENTRÉE Chicken Cacciatore Combo \$7.99

ENTRÉE Eggplant Cacciatore Combo \$7.99

ACTION STATION Pad Thai \$7.99

SOUP Butternut Squash \$2.99/ \$3.49/\$4.59

SOUP Beef Noodle \$2.99/ \$3.49/\$4.59

GRILL Basil BLT Angus Burger \$6.29

TUESDAY

ENTRÉE Butter Chicken Combo \$7.99

ENTRÉE Curried Chick Pea Combo \$7.99

ACTION STATION Burrito \$7.99

SOUP Chicken Wild Rice \$2.99/ \$3.49/\$4.59

SOUP Cream of Spinach \$2.99/ \$3.49/\$4.59

GRILL Bistro Burger \$6.29

WEDNESDAY

ENTRÉE Beef or Chicken Taco Bowl \$8.29

ENTRÉE Bean Taco Bowl \$8.29

ACTION STATION Pad Thai \$7.99

SOUP Pasta Fagioli \$2.99/ \$3.49/\$4.59

Wicked Thai Soup \$2.99/ \$3.49/\$4.59

GRILL Arizona Prairie Chicken Sandwich \$6.29

THURSDAY

ENTRÉE Pork stuffed Apple Combo \$8.29

ENTRÉE Macaroni & cheese Combo \$7.79

ACTION STATION Pasteria \$7.99

SOUP Creole Chicken Gumbo \$2.99/ \$3.49/\$4.59

SOUP Tomato Tortellini \$2.99/ \$3.49/\$4.59

GRILL Bacon Cheddar Burger \$6.29

FRIDAY

ENTRÉE Huli Huli chicken Combo \$7.99

ENTRÉE Teriyaki Salmon Combo \$8.49

ACTION STATION Greek Gyro \$7.99

SOUP Clam Chowder \$2.99/ \$3.49/\$4.59

SOUP Mediterranean Veggie \$2.99/ \$3.49/\$4.59

GRILL Grilled Mushroom Burger \$6.29

MONDAY - FRIDAY

6:30 AM - 7:00 PM

WEEKENDS & HOLIDAYS

7:30 AM - 7:00 PM

DELI

11:00 AM - 2:30 PM

DINNER

4:00 PM - 6:30 PM

Tasty New Bites Coming to Sassafras Cafeteria

Get excited about the fresh new menu coming to the Sassafras Cafeteria at Vancouver General Hospital. **New tasty and healthy menu** set to arrive in November.



Chef Tyler has been working hard to create an exciting menu with *fresh, local ingredients* that focuses on scratch cooking.

Items on our new menu include:

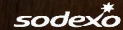
Greek Isle Vegetable Soup

Grilled Fish Tacos with Fennel Slaw

Tomato and Blue Cheese Penne Pasta

Quinoa Primavera with Spinach and Lemon Crisp

Keep an eye out for our Sneak Peak of the new Mexican station this fall!



We have lots of Healthy choice



WEEKLY DELI FEATURES DAILY

Cranberry Mango Turkey Sandwich \$6.59

Roasted Vegetables Wrap \$6.59

Herb and Chicken Panini \$6.59



WEEKLY FEATURES

Strawberry Spinach Salad \$6.49

Caesar Salad \$6.49

Chicken Mykonos Salad

Julienne Salad \$6.49

CREATE YOUR OWN OMELETS BAR

Monday - Friday

Omlette Bar 7:00 - 10:30 AM

Asian Noodle Shop 11:00 - 2:00 PM Daily



Your Health Your Way

Questions or Comments

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